



## Metis Settlements Health Board

### Metis Settlements Health Board Online Survey

In June of 2015 and February 2017 respectively the Metis Settlements Health Board completed a Metis Settlement Community Health Assessment on all the Settlements. This assessment was done to gain an understanding of the health status of members and to identify the most pressing issues and most urgently needed services.

The Community Health Assessment showed that substance abuse and addictions were priority concerns for community members in all the 8 Settlements. To begin addressing this concern, the MSHB will need more in-depth information to understand how widespread substance abuse and addictions are in each community.

Due to the Opioid (i.e. Fentanyl) crisis across the Province the Health Board felt it could not delay addressing the Crisis, while also providing community members an opportunity to participate in an "Overdose Prevention Initiative" (Naloxone Training). Opioid Awareness sessions were completed in all the Settlements, in which a total of 437 participants participated, and responded to an initial survey to gauge "Individuals" general perception of the prevalence of drug and alcohol abuse within the Settlements; they were further informed that a 2<sup>nd</sup> survey would be coming out **ONLINE**, which would gather Individuals' self reported alcohol and drug consumption patterns, mental health issues, use of services and unmet needs.

The initial brief survey provided the following overarching findings related to respondents' perception of alcohol and drug abuse within the Settlements.

- Community members confirm earlier findings that alcohol and drug abuse in the community is very common and the younger population is most at risk.
- Alcohol and drug abuse is growing and becoming a greater issue for everyone
- Street drugs are easily available in the communities
- Those under the age 20 are most at risk
- The majority of respondents have family members who are struggling with alcohol and drug abuse and many of them have someone close to them who is under the age of 19 and who is addicted to alcohol and drugs.
- There is very little knowledge, or almost none, related to available services in the community
- Those services that are available are not enough to meet the communities needs.

We are requesting settlement members to please assist us by completing the following **ANONYMOUS AND VOLUNTARY SURVEY**, which will give us valuable information in determining the magnitude of drug and alcohol abuse on the Settlements and what type of programs and services will be required.



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ALL INFORMATION WILL BE COMPLETELY CONFIDENTIAL, AND ONLY SUMMARIZED RESULTS WILL BE SHARED WITH THE METIS SETTLEMENTS HEALTH BOARD AND SETTLEMENTS.

For additional information about the survey please contact Darlene Carifelle, Health Board Coordinator @ [dcarifelle@msgc.ca](mailto:dcarifelle@msgc.ca) or call 1-780-822-4057.

If you complete the survey and want a chance to win a \$100 Gift Card, please follow the directions at end of survey on how to enter.

To Complete the survey: PLEASE CLICK ON THE FOLLOWING LINK:

<https://form.simplesurvey.com/f/s.aspx?s=375a9ba5-45f9-42ff-b632-13adf410bfc7&lang=EN>